



VERSION	AMENDMENTS
Version 1	First Issue
Version 2	Update to Section 1.7

These Final Instructions must be read in conjunction with the [BARC Standing Regulations \(v1 March 2024\)](#) & current [BARC H&S Guidance \(v1.1 March 2024\)](#) which are available on the BARC website in the “Documents” section and using the links above, and the 2024 BARC SAFETY BULLETIN on Page 8 of these Instructions.

If any race must be stopped, the Clerk of the Course reserves the right to send the cars back to the paddock and only undertake a further restart at the end of the day if time permits.

1 COMPETITOR INFORMATION

All competitors are required to uphold the standards of the Motorsport UK Race with Respect code
 Please see the full code of conduct via this link [Race with Respect - Motorsport UK](#)

1.1 CHAMPIONSHIPS/SERIES RACING:

Motul Caterham Seven 310R Championship
 Mission Motorsport Caterham Seven 270R Championship
 Bilstein Caterham Roadsport Championship
 Caterham Academy
 SIM Track Caterham Graduates Racing Club

1.2 PADDOCK ACCESS & ALLOCATION:

Please see the paddock plan in section 5. It is important that teams only park in their designated area. Any competitor/team that parks in an area that is not assigned for them and refuses to move when asked by an official will be reported to the Clerk of the Course for penalty up to disqualification.

Paul Abbott is helping with the paddock management; he can be contacted via the details provided in Section 2.4. He will be onsite from Thursday afternoon until Sunday Morning.

For teams testing on Friday, paddock access will be from 19:00 on Thursday. For the avoidance of doubt, testing is not a BARC activity and access to the paddock is controlled exclusively by MSV/Cadwell Park up to 19:00 on Friday.

Teams that are not testing will be allowed access to the circuit from 19:00 on Friday. Competitors arriving before this time will be held on the tarmac area by the main entrance. This is a small space to try and plan to arrive at or as close to 19:00 on Friday evening as you can if you are not testing.

If testing and you have track activity on Saturday, where possible, please park in a location that is allocated to your Championship.

All paddock areas should be vacated as soon as possible after the meeting on Sunday.

When travelling to the venue Competitors, marshals and officials should think of the environmental footprint and in particular their carbon footprint. Vehicles should not be left idling and vehicles with lower emissions should be the preference.

1.3 PASSES:

Passes will be sent to you via email.

2024 BARC Vehicle Passes (Purple) will be required for this meeting, please ensure your pass is stuck in your support vehicle's windscreen. Without this pass, your support vehicle will not be given access to the paddock.

1.4 SIGNING-ON:

Competitors will not sign-on at the meeting having previously completed signing on electronically using the [BARC Alpha system](#).

Licence upgrade cards. Drivers are reminded that upgrade cards must be valid bearing a recent photograph and be signed by the driver. Drivers who wish to have their upgrade card signed should bring them to race admin on the morning of the event. They can then be collected 30 minutes after the respective race has concluded.



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1.5 ENGINE/NOISE POLLUTION:

Engines must not be run before 08:30 & after 18:30 on either day.
 The noise limits and locations of the noise tests at this event are as follows:
105dB (static)

Motul Caterham Seven 310R Championship	Assembly Area (prior to qualifying)
Mission Motorsport Caterham Seven 270R Championship	Assembly Area (prior to qualifying)
Bilstein Caterham Roadsport Championship	Assembly Area (prior to qualifying)
Caterham Academy	Assembly Area (prior to qualifying)
SIM Track Caterham Graduates Racing Club	Assembly Area (prior to qualifying)

1.6 SCRUTINEERING & ELIGIBILITY:

All vehicles and driver equipment will be examined at the times indicated in table below. These are also included on the timetable in Section 4.

Video equipment may be fitted to a vehicle if it is not used for commercial purposes. All video equipment must be fitted to the vehicle at scrutineering. Failure to do so may mean that the camera is removed.

Scrutineering will be available from 2pm until 5pm on Friday Afternoon, and at the times indicated below:

Scrutineering Times:

Championship	Day	Time	Venue
ALL GRIDS	Friday	2pm – 5pm	Scrutineering Bay
Caterham Academy – Green Group – New Entries/Drivers Kit Only	Saturday	07:00	Scrutineering Bay
Caterham 270R – ALL ENTRIES	Saturday	07:30	Scrutineering Bay
Caterham Academy – White Group – New Entries/Drivers Kit Only	Saturday	08:00	Scrutineering Bay
Caterham Graduates Sigma 135s – ALL ENTRIES	Saturday	08:30	Scrutineering Bay
Caterham 310R – New Entries/Drivers Kit Only	Saturday	09:00	Scrutineering Bay
Caterham Roadsports – New Entries/Drivers Kit Only	Saturday	09:30	Scrutineering Bay
Caterham Graduates Sigma 150s – ALL ENTRIES	Saturday	10:00	Scrutineering Bay

1.7 BRIEFINGS:

New Driver Briefings

New Drivers Briefings will form part of the Championship Briefings detailed in the table below.
 A Clerk will be available from 08:00 at Race Admin should any driver have any specific queries.

Grid	Day	Time	Venue
Caterham Academy – Both Groups	Saturday	08:00	Caterham Race Centre
Caterham 310R & 270R	Saturday	08:30	Caterham Race Centre
Caterham Roadsports	Saturday	10:00	Caterham Race Centre
Caterham Graduates Sigma 135s & 150s	Click Here for Online Briefing Notes		

1.8 CIRCUIT ACCESS/PRACTICE AND QUALIFYING PROCEDURE

All Championships: All vehicles will need to go to the assembly area marked on the paddock plan (section 5) via the access lane prior to Parc Fermé. For practice and qualifying competitors will be released onto the circuit at the start of their session.

At the end of all practice, qualifying and races, vehicles will take the flag, complete a slowing down lap, enter the paddock via the exit by “Mountain Corner” and make their way to the Parc Fermé area (Prior to Scrutineering area).

1.9 MAXIMUM STARTERS:

The maximum starters for all Grids is **34**.

1.10 START PROCEDURE:

All classes must undertake the green flag lap at an appropriate speed without overtaking or excessive weaving (weaving from one side of the track to the other is not permitted).

The Organisers reserve the right to commence the race clock 4 minutes after the start of the green flag lap if drivers are unduly slow in completing their green flag lap.





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The following Championships/classes will have a **Standing Start**:

Motul Caterham Seven 310R Championship
Mission Motorsport Caterham Seven 270R Championship
Bilstein Caterham Roadsport Championship
Caterham Academy Both Groups
SIM Track Caterham Graduates Racing Club

Standing Start (Countdown from Grid) – Cars will assemble in the assembly area marked on the paddock plan (section 5). Cars will leave the assembly area to the grid and will be lined up in starting grid order. Countdowns will be from the grid. Once all vehicles are lined up on the grid, they will be shown the green flag and can then commence on the green flag lap. Vehicles will then complete the green flag lap, form up on the grid, and then undertake their standing start.

1.11 RESULTS & NOTICE BOARD:

All time sheets, grids and results are deemed to be provisional until the conclusion of all judicial actions. Results will be available on the TSL website [HERE](#)
The official notice board is online [HERE](#).

1.12 PODIUM/PRESENTATIONS:

Podium finishers may be stopped in Parc Fermé. Officials will direct cars as necessary.

1.13 CIRCUIT & MEETING NOTES:

BARC will not be liable for any damage caused to vehicles being recovered from the track.

Where there are signal lights around the circuit, these lights have the same meaning as the flag signals.

The nearest fuel stations available to the venue are as follows:

Esso Louth - 65 Newmarket, Louth. LN11 9EG (5.7 miles)

Shell Louth - Bolingbroke Rd, Fairfield Industrial Estate, Louth. LN11 0WA (6.9 miles)

1.14 LIGHT PANELS AND FLAG SIGNALS

This venue operates light panels and these light signals will take priority and may be supplemented with flags. For reasons of safety, in case of conflicting signals between the flags displayed by marshals and the light panels, drivers must comply with the requirements of the signal with the highest level of safety.

In order of precedence: Red Flag, Double Yellow Flag, Single Yellow Flag, Safety Car, Green Flag.

Please see the information sheet in Section 5 these final instructions for a diagram of the different light panels that will be used.

1.15 TRACK LIMITS

Track limits will be monitored around the circuit. A driver will be judged to have left the track if any part of the contact patch of any tyre of the vehicle goes completely beyond either the outer edge of any kerb or the white line where there is no kerb.

Unless championship regulations state otherwise, the following penalties will be applied:

In qualifying sessions: The lap time on which the breach occurred will be disallowed for the purposes of establishing grid order for the relevant race but will still count towards the minimum number of laps required to qualify for the relevant race. Note of times that have been disallowed will be made on the results sheet for that session.

In race sessions: A first breach will be noted. A second breach will result in the driver being shown the Black & White flag. A third breach will result in the driver receiving a 5-second time penalty. A fourth breach will result in a further 10-second penalty being added to your race time. A fifth breach will result in a 'Drive Through Penalty' Q 12.26 (h) in addition to the preceding time penalties. A sixth further breaches will result in a Black Flag.



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1.16 TIMING OF DECISIONS

If the Clerk of the Course or Stewards hold a formal inquiry into an incident and subsequently issues a formal decision to a competitor, a verbal decision will be issued followed by a document sent to the competitor by email. The timing of the decision will be when it is given verbally, and this will be the time recorded on the decision. This will also be the time that the appeal period, where applicable, begins.

1.17 TRANSPONDER HIRE

If you need to hire a transponder for this meeting, you must do so by the Wednesday prior to the event. This can be done by visiting the TSL-Timing shop:

[Click Here for TSL Transponder Hire Shop](#)

Do not leave it until the race weekend as the timekeepers may not be able to supply you a transponder if you have not pre ordered one. This could lead to you being in breach of MSUK Regulation 12.8.1.



2 OFFICIALS/MARSHALS INFORMATION

2.1 OFFICIALS:

Motorsport UK Steward:	Chris Gibson
Club Stewards:	Fred Bromley, Ian Smith
Senior Clerk of the Course:	Andy Butler
Clerks of the Course:	Mark Mitchell (Caterham Motorsport), Kieron Salmons (Caterham Motorsport Deputy), Gerry Condon (Caterham Motorsport Deputy), Nigel Jones (Caterham Graduates), Richard Sneader (Caterham Graduates Deputy), Andrew Outterside (Ops), Leigh Beck (Assistant)
Secretary of the Meeting:	Michelle Harland, Ellie Salmons (Deputy)
Chief Observer:	Lynne Kendall
Race Phones / Radios:	Lynne Kendall
Chief Scrutineer:	Keith Auld
Chief Marshal:	Lynne Kendall
Medical Officer:	Cadwell Park Circuit
Chief Timekeeper:	Rob Cook, TSL Timing Ltd
Commentators:	Tony Coales
Event Officials:	Members of the BARC & other MSUK recognised clubs
Ambulance Services:	Cadwell Park Circuit
Rescue Unit:	BARC Midlands, CAM Rescue
Breakdown Vehicles:	CC Recovery
Safety Car Driver / Observer:	Colin Stubbs, Harry Cabot

2.2 OFFICIALS/MARSHALS SIGN ON:

Officials will not sign-on at the meeting having previously completed signing on electronically using the [BARC Alpha system](#). However, all marshals must see the chief marshal between the times below to confirm their attendance and receive their post allocation.

Personnel	Saturday	Sunday
All officials	07:30	07:30
Post-Chiefs Briefing	08:10	08:10
On Post	08:30	08:30
Clerks Inspection	08:40	08:40
First Activity	09:00	09:00

2.3 MARSHALS MATTERS:

Marshals will check in with the Chief Marshal having signed on electronically in advance of the event. Check in will take place at the time shown above at the Assembly Area Office.

The "All Marshals" Briefing will also take place at the Assembly Area Office.

Marshals' camping will be in the dedicated Marshals Camping Area adjacent to the main paddock area. Please note this area is small and we would ask that you keep this in mind when setting up.

Please remember that marshals should not use mobile phones or cameras while on duty unless it is necessary to send a report to Race Control.

Any marshal unable to attend, is requested to contact the Competitions Department and return your passes to the BARC (See Section 2.4 below).

2.4 BARC CONTACTS:

Event Manager:	John Hutchison	E: jhutchison@barc.net	T: 01264 882 205
Chief Marshal:	Lynne Kendall	E: cadwell.marshals@outlook.com	T: 07938 181 734
Paddock Manager:	Paul Abbott	E: N/A	T: 07919 427 458

Whilst at the meeting, please use the following email addresses to contact either the Senior Clerk, the Secretary or a Safeguarding Officer.

Secretary of the Meeting:	Michelle Harland	E: mharland.barc@gmail.com
Senior Clerk of the Course:	Andy Butler	E: abutler.barc@gmail.com
Safeguarding Officer:	Kirsty Durrant	E: kirsty.durrant@caterham.com



3 GENERAL INFORMATION:

This meeting is organised by the BARC governed by the General Regulations of the Motorsport UK incorporating the provisions of the FIA International Sporting Code, additional Supplementary regulations, and any written instructions that the organisers issue for the meeting.

This meeting will be held under the following Motorsport UK permit numbers:

Interclub: **135416**

3.1 RED SIGNAL:

Any category which generates a “red” may be placed toward the end of the schedule subject to time being available.

3.2 JUDICIAL PROCEDURES:

The judicial procedures for this meeting remain unaltered for all series where all paperwork will be dealt with electronically.

Any protest or appeal needs to be lodged with the Secretary of the Meeting in the administration office or the Clerk of the Course. Judicial hearings will be conducted in the usual way but those attending are recommended to bring face masks/covering to any discussion or interview.

Once a decision has been made it will be announced verbally and passed by email to those concerned. The time limits for any protest or appeal remain unaltered.

3.3 RACE-DAY INFORMATION:

The organisers will try to run the programme as published however reserve the right to bring forward, delay or abandon sessions to suit the conditions.

The event timetable will be available [HERE](#).

3.4 NOTICE BOARD:

Results will be available on the TSL website [HERE](#)

The official notice board is online at: [HERE](#).

3.5 SOCIAL MEDIA

Both officials and competitors are reminded that they should not make comments upon social media sites which may in any way be deemed derogatory, defamatory, obscene, or libellous. You should remember that comments made are in a public arena and can be seen by more than your intended audience. Please read the [BARC Social Media Guidelines](#).

3.6 SAFEGUARDING:

Several officials within the club are appointed as safeguarding officers and are available to deal with problems which may arise or are brought to their attention. Issues can be raised by contacting the senior clerk of the course at an event or contacting a safeguarding officer whose details can be found within the [BARC Safeguarding Guidelines](#).

3.7 LIVE STREAM:

This event will not be live streamed.

3.8 GENERAL HEALTH & SAFETY:

Championship Co-ordinators and representatives are asked to visually check garages and working spaces for the following:

- 1) Fuel is stored in suitable containers with lids away from sources of ignition;
- 2) Each competition car has one suitable fire extinguisher stored in a usable location (i.e., not in race transporter) and is both tested and in-date;
- 3) Floor/ground is kept clean & tidy;
- 4) Waste is disposed of in identified bins & containers provided by the circuit. Waste must not be mixed or waste left around the site. If the BARC are charged for such issues, then the charge will be passed on to the championship concerned if the individual cannot be identified;



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- 5) Old tyres must be taken away by teams/competitors unless the championship has arrangements with the tyre company (there will be waste disposal charge levied to the championship for any items which are controlled/hazardous that BARC and or Circuit must dispose of);
- 6) No trailing electrical cables that can cause electric shock or tripping hazard;
- 7) Waste/grey water from motorhomes must be disposed of in line with circuit requirements;
- 8) Work at height without harnesses and fall restraints is not permitted.
- 9) The use of BBQs in the Pit Garages is strictly forbidden.

3.9 SPECTATORS AND CHILDREN

Competitor tickets and public tickets (purchased via MSV/Cadwell Park) will grant access to the paddock, accompanied children under 14 years of age will be admitted.

[Click Here](#) to access the MSV Cadwell Park Ticket sales Website.

3.10 NON-COMPETITON VEHICLE SAFETY

Entrants, Teams, and Competitors must ensure that all vehicles are used in accordance with manufactures instructions and under no circumstances should anyone be allowed to ride or hang on to buggies, tyre trolleys, roll bars, side pods and the like.

3.11.1 A maximum 20 mph speed limit will be in force in all public areas except in the paddocks where it is 5 mph.

3.11.2 The use of pedal cycles and the like are strongly discouraged, particularly when ridden by children. All children should be always under the supervision of a responsible adult to try to ensure their safety.

3.11.3 The use of e-scooters is strictly forbidden.

More information can be found via this link to the current [BARC H&S Guidance \(v1.1 March 2024\)](#).



SAFETY FIRST

2024 SAFETY BULLETIN

This safety bulletin supports the BARC 2024 Health and Safety Guidance, Supplementary Regulations and Final Instructions

1. VEHICLES, SCOOTERS, BUGGIES & QUADS

- The use of quad bikes and buggies must be covered by 3rd party insurance when driven within the confines of the venue.
- No mini-bikes, scooters or 2-wheeled transport allowed.
- Observe venue speed limit at all times.
- Absolutely NO electric stand-on scooters.



2. SAFE BUGGY & QUAD USE

- Only drive if you hold a valid licence
- Do not leave keys in ignition
- Observe maximum speed limits at all times
- Observe one-way systems at all times
- No carrying of unsecured loads
- No riding on equipment trolleys
- All passengers must be seated



3. WORKING AT HEIGHT – ESPECIALLY ON TRAILOR UNITS

NEVER STAND ON A ROOF WITHOUT PROTECTION FROM FALLING

- Put up secure side barriers
- Use clipped on full safety harness
- Use a secured ladder / steps
- All ladders must be "footed"
- Only use ladders and steps to EN 131
- Ensure equipment is not damaged



4. SPECTATING

- Do not spectate from tail lifts / trailer roofs
- Only spectate from truck roofs if appropriate safe access and barriers are in place.
- Do not climb on / spectate from venue infrastructure e.g. waste bins, fencing or generators



5. HOT WORKS AND FUEL

- Keep fuel storage to a minimum and in a safe location
- Keep extinguisher suitable for fuel fire close by
- Comply with all refuelling regulations
- Refuel when engine is turned off and cooled
- Keep fuel away from ignition sources



6. CABLES AND TAIL-LIFTS

- Securely cover hoses and cables.
- Tail lifts should not be left unattended at halfway point.
- Consider using "Tensabarriers" to avoid pedestrians walking under lifts
- Use harnesses or guardrails where possible or appropriate



NO TRAILING CABLES



Your co-operation is appreciated



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4 TIMETABLE:

Start		End	Duration	Category	Session	Scrut	Sign-on
Saturday							
09:00	-	09:20	00:20	Paid Practice - All categories	Paid Practice		
09:30	-	09:45	00:15	Caterham Academy (Green)	Qualifying	07:00	
09:55	-	10:15	00:20	SIM Motorsport Caterham Graduates Championship - combined	Paid Practice		
10:25	-	10:45	00:20	Mission Motorsport Caterham Seven 270R Championship	Qualifying	07:30	
10:55	-	11:10	00:15	Caterham Academy (White)	Qualifying	08:00	
11:20	-	11:40	00:20	SIM Motorsport Caterham Graduates Championship - Sigma 135	Qualifying	08:30	
11:50	-	12:10	00:20	Motul Caterham Seven 310R Championship	Qualifying	09:00	
12:20	-	12:40	00:20	Bilstein Caterham Roadsport Championship	Qualifying	09:30	
12:50	-	13:10	00:20	SIM Motorsport Caterham Graduates Championship - Sigma 150	Qualifying	10:00	
13:10	-	14:10	01:00	Lunch break			
14:10	-	14:30	00:20	Caterham Academy (Green)	Race No.	1	
14:45	-	15:05	00:20	SIM Motorsport Caterham Graduates Championship - Sigma 135	Race No.	2	
15:20	-	15:40	00:20	Caterham Academy (White)	Race No.	3	
15:55	-	16:15	00:20	Mission Motorsport Caterham Seven 270R Championship	Race No.	4	
16:30	-	16:50	00:20	SIM Motorsport Caterham Graduates Championship - Sigma 150	Race No.	5	
17:05	-	17:25	00:20	Motul Caterham Seven 310R Championship	Race No.	6	
18:25				Curfew - chequered. Cars off circuit by 18:30			
Sunday							
Start	End	Duration	Category	Session			
09:30	-	09:50	00:20	Bilstein Caterham Roadsport Championship	Race No.	7	
10:05	-	10:25	00:20	SIM Motorsport Caterham Graduates Championship - Sigma 150	Race No.	8	
10:40	-	11:00	00:20	Mission Motorsport Caterham Seven 270R Championship	Race No.	9	
11:15	-	11:35	00:20	Motul Caterham Seven 310R Championship	Race No.	10	
11:50	-	12:10	00:20	SIM Motorsport Caterham Graduates Championship - Sigma 135	Race No.	11	
12:25	-	12:45	00:20	Bilstein Caterham Roadsport Championship	Race No.	12	
12:45	-	13:45	01:00	Lunch break			
13:45	-	14:05	00:20	SIM Motorsport Caterham Graduates Championship - Sigma 150	Race No.	13	
14:20	-	14:40	00:20	Mission Motorsport Caterham Seven 270R Championship	Race No.	14	
14:55	-	15:15	00:20	Motul Caterham Seven 310R Championship	Race No.	15	
15:30	-	15:50	00:20	SIM Motorsport Caterham Graduates Championship - Sigma 135	Race No.	16	
16:05	-	16:25	00:20	Bilstein Caterham Roadsport Championship	Race No.	17	
18:25				Curfew - chequered. Cars off circuit by 18:30			

Note: All Race start times are Green Flag Lap times.

All timetables are subject to change, therefore please be in the assembly area at least 20 minutes prior to the scheduled starting time of your qualifying session or race



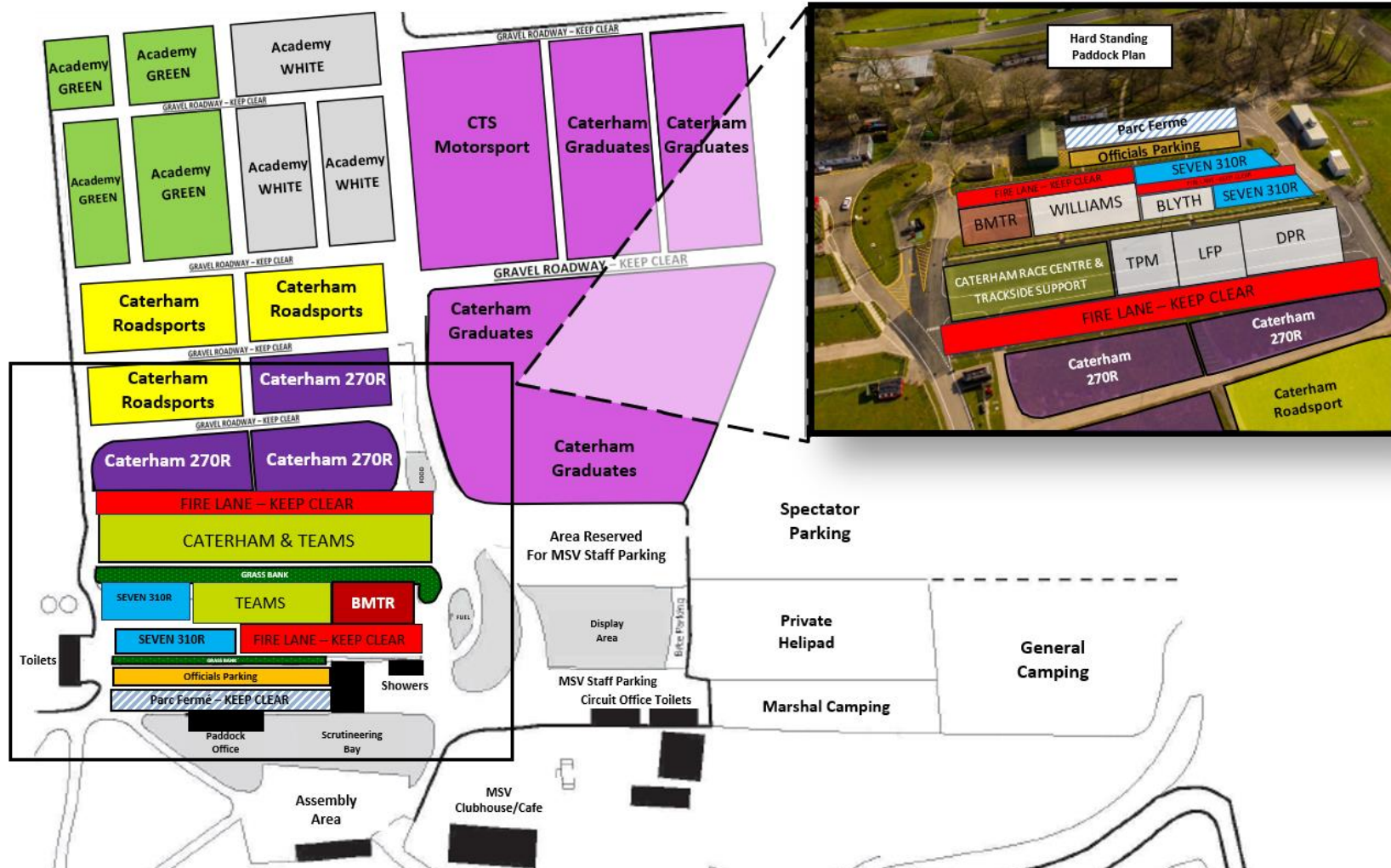


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5 Paddock Plan:





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CADWELL PARK CIRCUIT

CADWELL PARK CIRCUIT,
 LOUTH, LINCOLNSHIRE LN11 9SE

TEL: 01507 343248

MAP KEY

Not all facilities are available at every event.

Parking	Circuit Office
Disabled Parking	The Club House
Toilets	Hospitality
Disabled Toilets	Medical Centre
Baby Changing	Control Tower
Refreshments	Paddock Office
First Aid	Scrutineering
Fuel	Shower Block
Information	Pedestrian Bridge
Footpaths	Football Area
Grandstands	Adventure Playground
	Display Area

VIEWING KEY

Mountain Top Grandstand	Club Hairpin Grandstand
Mountain Crest Grandstand	Charlie's Exit Grandstand (BSB only)



CadwellPark

WWW.CADWELLPARK.CO.UK





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